

**September 4, 2023**

The Lord wants you to live in His liberty and freedom.

**Ps. 121:7-8 *The LORD will keep you from all harm--He will watch over your life; the LORD will watch over your coming and going both now and forevermore. (NIV)***

The word '**keep**' means to preserve and protect. It doesn't mean we won't face things that are harmful, because we will. It doesn't mean that we will live a cushioned life, but instead we will be well-armed to face those things that are harmful because we have the Mighty Warrior with us. Our soul is kept safe from the power of sin. We can say 'no' to the temptations. **1 Cor. 10:13 *No temptation has overtaken you except what is common to mankind. And God is faithful; He will not let you be tempted beyond what you can bear. But when you are tempted, He will provide a way out so that you can endure it. (NIV)***

The Psalmist then uses the word '**watch**' over your life. This means that He is watching over those that love Him. He desires to meet our needs, show us love and motivate us to walk completely in tune with Him. When David speaks of our coming and going, he is referencing our daily lives. Everywhere that we go, He is watching over us. He knows when we go, where we go and why we go. This should remind us to check in with Him and seek His kingdom and His righteousness, and all these things will be added to you as well. Our eyes should be fixed on Him. Our thoughts should be fixed on Him. Our hearts should listen to Him and then we must choose to obey His directives. Let us choose to walk in His path today.

**Dear LORD, give us strength to follow You in all of our ways. Thank You for keeping us from harm and watching over us as we experience Your life in us. In Jesus Name, Amen**